

The Coven

Thursday Evening Menu - November 2011
6:30pm - 8:30pm



V =Vegetarian

V*=Vegan - or vegan option available-please ask

C =Coeliac Safe - or option available-please ask

Starters

V,V*,C	Breaded Garlic Mushrooms - Coven Style	£4.95
V,V*,C	Starter Soup of the Day with Brown, 50:50, Wheat/Gluten-Free Bread or Baguette	£4.95
V,V*,C	Thai Coconut Soup served with vegan naan or wheat/gluten-free bread	£4.95
V,V*,C	Pea Hummus with Toast, Pitta or Wheat/Gluten-Free Toast	£4.95
V,V*,C	Mezze for one/two	£4.95/£8.50
V,V*,C	Raw Pate served with raw courgette crackers	£4.95
V,C	Hallgate Salad (starter)	£4.95

Mains

V,V*,C	Thai Green Curry with Rice Noodles and vegan naan or wheat/gluten-free bread	£9.95
V,V*,C	Green Stack Supreme - packed with green veg	£9.95
V,V*,C	Raw Sweet Potato, Spinach and Coconut Curry with Cauliflower Rice	£9.95
V	Spicy Mediterranean Lasagne	£9.95
V,V*,C	Spinach, Walnut, Apple & Leek Pancake (Option with Stilton +£1.00)	£9.95
V,V*,C	Special Coven Nut Burger Salad (Vegan or Veggie - please ask)	£9.95
V,V*,C	Special Coven Mushroom Burger served with Coven Chips and Salad	£9.95

Desserts

V,V*,C	Chocolate 'Heaven' - A delicious Raw Chocolate Dessert	£4.95
V,V*,C	Choose from a Selection of Cakes with Dairy or Soya Cream	£4.95
V,V*,C	Vegan Lemon Cheesecake (also Wheat/Gluten-Free)	£4.95
V,V*,C	Orange Cake served warm with Cream (Soya or Dairy) and a Shot of Ginger	£4.95
V,V*,C	Caramelized Orange & Cinnamon Crepe	£4.95

Side Orders

Olive, Feta & Sundried Tomatoes	£3.95	Mixed Salad	£5.50
Baguette with Olive Oil & Balsamic	£3.95	Special Coven Chips	£5.50